Minnesota
Humanities
Event Center

## Breakfast Selections

Continental Breakfast (comes standard with the Half-Day and Day Meeting Packages) The Continental includes: a selection of muffins, pastries, croissants, and breakfast breads; a fruit tray; orange and cranberry juices, regular and decaf coffee, hot tea and water.

## Heavy Continental Breakfast

Add yogurt, granola, and hard-boiled eggs to the continental breakfast for an additional charge.

## Hot Breakfast Selections

Add any of the hot breakfast selections below to the continental breakfast for an additional per person charge.

## Egg Bake

Eggs, cheddar cheese, diced ham, and spinach mixed together and baked until set custard style.

## Vegetarian Breakfast Bake (can be made gluten free)

Ciabatta, spinach, mushrooms, onion, red pepper, cheese, eggs and cream.

## The Classic

Scrambled eggs, bacon, and sausage.

## Papa con Chorizo

Mexican sausage with potatoes.

## Chilaquiles Verdes

Toasted corn tortilla chips in a flavorful green tomatillo sauce.
Mini individual Egg Frittatas (can be made vegetarian)
A mixture of eggs, sausage, bacon, ham and seasonal vegetables topped with cheese and baked.

## Yogurt Parfaits

Vanilla yogurt served with an assortment of fresh seasonal berries and granola.

## Cream Cheese and Cherry Stuffed French Toast

French toast stuffed with cream cheese and cherries. Dusted with powdered sugar and topped with whipped cream.

## White Chocolate and Banana Stuffed French Toast

French toast stuffed with white chocolate and bananas, dusted with powdered sugar and topped with freshly whipped cream.

## Luncheon Selections

All items served with dessert and starter (house salad or soup) along with beverages (coffee, water, tea, and soda).

## Warm Meals

## Teriyaki Chicken with Mango Salsa

Grilled chicken breast with a rich teriyaki glaze and topped with fresh mango salsa. Served with fresh cilantro and lime jasmine rice and seasonal vegetables.

## Blackberry Grilled Chicken (gluten free)

A chicken breast grilled in a balsamic blackberry marinade served with cannellini bean, corn sauté, and seasonal vegetables.

Grilled Lemon-Thyme Chicken Piccata (gluten free besides the orzo)
Olive oil-marinated grilled chicken breasts, topped with capers, parsley, and lemon-thyme butter. Served with orzo and seasonal vegetables.

Curried Tofu Mango Stir-Fry (gluten free, vegetarian, and vegan)
Cubes of fried tofu tossed with a stir-fried combination of mushrooms, green peppers, scallions, red onions, sauced with mango chutney, and spiced just a bit. Served with rice and a house salad.

## Sandwiches \& Wraps

## Caprese Grilled Sandwich

Layered mozzarella, tomatoes, basil and balsamic vinegar-mayonnaise grilled on sourdough bread to perfection. Served with potato chips and your choice of soup or salad.

## Hummus Grilled Veggie Wrap

Eggplant, portobello mushrooms, red peppers, red onions grilled in a balsamic vinaigrette and wrapped in a tortilla with hummus. Served with potato chips and your choice of soup or salad.

## Margarita Chicken Sandwich

Grilled, margarita marinated chicken breast; chilled and then topped with tomato, onion, avocado, lettuce and mayonnaise and served on a baguette. Served with chips and your choice of soup or salad.

## Grilled Chicken BLT Wrap

A tortilla stuffed with grilled chicken, bacon, lettuce and tomato. Served with kettle chips and fresh fruit.

## Garden Wrap (can be prepared as vegan)

Flour tortillas stuffed with spinach, sprouts, cucumbers, red onions, havarti dill cheese, cream cheese, mayonnaise and whole grain mustard. Served with an apple and red cabbage slaw, pickles and kettle fried potato chips

## Prime Rib Sandwich

A crusty baguette houses thinly sliced prime rib of beef bathed in au jus topped with sautéed onions and topped with gruyere cheese. Served with kettle fried potato chips and your choice of soup.

## Salad Entrees

## Chicken Caesar Salad

Homemade Caesar dressing, romaine lettuce, parmesan cheese, garlicky croutons tossed together and topped with grilled chicken. Served with parmesan garlic toast.

## Strawberry Spinach Salad with Grilled Chicken

Spinach greens with grilled chicken, strawberries, feta cheese and a balsamic vinaigrette dressing.
Cobb Salad (gluten free besides the bread)
Crisp romaine lettuce and peppery watercress tossed with crisp sautéed bacon, sliced avocado, crumbled Maytag bleu cheese, diced fresh tomatoes, poached chicken, and finally our homemade red wine vinaigrette. Served with bread.

Southwest Quinoa Bowl (gluten free and vegan)
A hearty and satisfying dish of black beans, roasted corn, red peppers, and scallions topped with a delicious lime and honey vinaigrette served cold.

## Pasta Dishes

## Butternut Squash and Wild Mushroom Lasagna

Layers of lasagna noodles, spinach mixed with salted and peppered ricotta, simmered squash pureed and mixed with goat cheese, and all sorts of mushrooms sautéed in butter. Served with a house salad and garlicky parmesan bread.

## Lasagna

Layers of pasta, parmesan and mozzarella cheeses, and meat sauce which is baked until the top is golden. Served with a house salad and garlicky parmesan bread.

## Beef Bourguignon

A classic dish of beef slowly braised in red wine and brown stock until extremely tender and deeply flavored is combined with sauteed mushrooms and pearl onions and then served with the rich wine sauce over egg noodles. Served with a house salad and bread.

## "Build Your Own" Luncheons

These meals are served buffet style and reserved for groups of twenty people or more. We will have hand sanitizing stations set up for guests to use prior to using the buffet line. Each offering includes menu items shown in description and your choice of dessert. There are no soup or salad starter with these menus.

## Soup and Salad Bar (gluten free besides bread)

A make your own salad bar complete with mixed greens, diced chicken, and various toppings served with bread and your choice of two selections from our soup menu.

## Taco Bar

Ground beef served with both hard shell corn tortillas and soft flour tortillas, refried beans, corn tortilla chips, and a condiments bar including lettuce, tomato, onion, cheese, sour cream, salsa, and guacamole. (There is no soup or salad starter with this choice.)

## The Delicatessen*

A selection of fresh breads, meats, cheeses, and vegetables. Served with your choice of soup, pasta salad and chips. *May contain pork (ham) as one of the meats. Non-pork options will always be included.

## Burger Bar

The burger bar includes a classic beef hamburger (veggie burgers can be ordered as well) paired with all the favorites: lettuce, tomato, cheese, pickles, mayo, ketchup, and mustard. Served with kettle chips, baked beans and potato salad.

The Mediterranean (gluten free)
Curried chicken, seared peppers and onions, spicy yellow split peas, creamed curry spinach, basmati and lentils, and a salad served with a sweet dill dressing.

## Mac and Cheese Bar

Classic elbow pasta loaded with a variety of cheeses and served with all the classics on the side: grilled chicken, bacon, turkey sausage, broccoli, green onions and Franks Buffalo Sauce.

Fajitas (gluten free)
Grilled chicken and beef served with seared peppers and onions, refried beans, Spanish-style rice pilaf, warmed tortillas, tortilla chips, and a condiments bar including lettuce, tomato, onion, cheese, sour cream, salsa, and guacamole. (There is no soup or salad starter with this choice.)

## Pulled BBQ Pork and BBQ Chicken

Build your own sandwich on a brioche bun with pulled BBQ pork and chicken paired with pineapple cole slaw, pickles, and kettle chips.

## Dinner Selections

All items served with dessert and starter (house salad or soup) along with beverages (coffee, water, tea, and soda).

## Parmesan Dijon Chicken

Chicken breast bathed in Dijon mustard and coated with a mixture of breadcrumbs, parsley, chives and parmesan cheese. Roasted and dressed with a mayonnaise mustard blend. Served with roasted red potatoes and fresh seasonal vegetables.

## Teriyaki Chicken with Mango Salsa

Grilled chicken breast with a rich teriyaki glaze and topped with fresh mango salsa. Served with fresh cilantro and lime jasmine rice and seasonal vegetables.

## Lasagna

Layers of pasta, parmesan and mozzarella cheeses, and meat sauce which is baked until the top is golden.

## Butternut Squash and Wild Mushroom Lasagna

Layers of lasagna noodles, spinach mixed with salted and peppered ricotta, simmered squash pureed and mixed with goat cheese, and all sorts of mushrooms sautéed in butter. Served with garlicky parmesan bread.

## Burger Bar

The burger bar includes a classic beef hamburger (veggie burgers can be ordered as well) paired with all the favorites: lettuce, tomato, cheese, pickles, mayo, ketchup, and mustard. Served with kettle chips, baked beans and potato salad.

## Curried Tofu Mango Stir-Fry (Vegetarian and Vegan)

Cubes of fried tofu tossed with a combination of stir-fried vegetables with a mango chutney sauce, and spiced just a bit. Served with rice and a house salad.

## Dried Fruit Stuffed Pork Loin

Pork loin stuffed with ginger, apricots, prunes, garlic, caraway, and herbs and served with an enriched pan sauce, orzo and seasonal vegetables.

## Tofu, Pepper and Zucchini Stuffed Mushroom (Can be prepared as vegan.)

Little diced pieces of tofu, zucchini, summer squash, and red peppers all tossed together with Worcestershire sauce and parmesan cheese, then stuffed into a Portobello mushroom cap and roasted. Served with Arborio rice risotto and fresh seasonal vegetables.

## Chicken Escoffier

An elegant and classic preparation of a breast of chicken doused with clarified butter, breaded with fresh breadcrumbs and sautéed until golden served with Arborio rice risotto and seasonal vegetables. The dish is finished with a ring of intensely flavored balsamic glaze.

## Beef Bourguignon

A classic dish of beef slowly braised in red wine and brown stock until extremely tender and deeply flavored is combined with sautéed mushrooms and pearl onions and then served with the rich wine sauce over egg noodles.

## Soup Selections

## Chicken Noodle

Flavorful chicken broth with onion, carrot, celery, pasta and chunks of chicken breast.

## Tuscan Vegetable (Vegetarian and Vegan)

Rustic vegetable soup with cannellini beans, leeks, carrots, zucchinis, spinach and so on. Touched with herbs and parmesan cheese.

## Tomato Bisque (Vegetarian)

Creamy and chunky tomato soup flavored with basil.

## Dessert Selections

## Strawberry Shortcake

Strawberries macerated in sugar, served over angel food cake and topped with whipped cream.
Dark Chocolate Mousse (gluten free)
Light, rich and fluffy chocolate mousse!

## Gourmet Cookie Variety

Fruit Cup (gluten free and vegan)
Chef's choice of seasonal fruit.

## White Chocolate Raspberry Cream Cake

Triple layered cake with white chocolate and raspberry cream filling.

## Lemon Supreme Shortcake

A triple layer shortcake of lemon cream and whipped cream

## Snack Break Options

Please choose two options for your break service.

## Trail Mix with dried fruit and nuts

## Assorted Granola Bars

Chex Mix
Hummus and Pretzel Crisps or Pita Chips

# Bagged Sweet Treats (Chips Ahoy, Oreos, and Golden Oreos) <br> Hand held, whole fruit (a variety of bananas, apples, pears, oranges) <br> Fresh Cookies and Bars <br> Apple Wedges with Peanut Butter and Caramel Dipping Sauce <br> Peanut Butter filled Pretzels and Chocolate Candy <br> Tortilla Chips and Homemade Salsa <br> Veggies and Dip <br> Hard Pretzels served with Honey Mustard Dipping Sauce <br> Bagged Snacks (a variety of Kettle Chips, Trail Mix, and Mixed Nuts) <br> <br> Hors d'oeuvres Menu 

 <br> <br> Hors d'oeuvres Menu}

Hors d'oeuvres are priced per 25 pieces, unless otherwise indicated.

## Cold Hors d'oeuvres

Chips and Salsa, \$30
Serves 25
Our chef's homemade salsa served with tortilla chips.

## Gourmet Cheese Plate, \$89

Serves 25
Four to five varieties of artisan cheeses (a selection that may include and is not limited to: Tillamook sharp cheddar, Gruyere, Stilton, Maytag Bleu, Gorgonzola picante, Chevre, Camembert, Sheep's milk) served with a variety of crackers, biscuits, breads, etc.

## Simple Cheese Tray, \$49

Serves 25
A selection of standard cheeses served with a variety of crackers.
Warmed Brie with Raspberry Jam and Almonds, \$62

## Serves 25

A wheel of creamy Brie cheese is topped with raspberry ham and sliced almonds, and then baked until just warm. Served with crusty French bread.

## Strawberry and Brie, \$62

Slices of Limoncello-soaked strawberries, served with triple cream Brie. Served at room temperature, with crusty French bread.

## Grilled Vegetable Platter, $\$ 75$

Serves 25
Assorted grilled vegetables, served with a spicy yogurt dip. Selection will vary, depending on season, but will include at least 4 of the following: carrots, bell pepper, squash, zucchini, potatoes, and asparagus.

## Raw Vegetable Crudités, \$62

Serves 25
Assorted fresh vegetables, served with hummus and ranch dip. Selection will vary, depending on season, but will include at least 4 of the following: carrots, celery, bell pepper strips, cherry tomatoes, jicama, yellow squash, peapods, broccoli, cauliflower, radishes, cucumber.

Hummus \& Pita, \$42
Serves 25
A chickpea purée served with wedges of pita bread.

Shrimp with Fresh Cocktail Sauce, \$88
Peeled, de-veined shrimp poached in shrimp stock, served with a homemade classic cocktail sauce.

Insalata Caprese Crostini, \$64
Slices of baguette brushed with olive oil, grilled and topped with chopped fresh tomatoes, mozzarella and basil.

Deviled Eggs, \$28
Hard-boiled eggs halved and filled with a mixture of egg yolk, mustard, and mayonnaise, topped with a variety of garnishes.

Mixed Nuts, \$48
Serves 25
A combination of at least four of the following nuts: honey almonds, masala spiced peanuts, pecans, and spicy cashews, walnuts, and macadamias.

Fruit Tray, \$54
Serves 25
A selection of fresh, seasonal fruit.

Meat Assortment with Dollar Buns, \$85
Seves 25, Add cheese slices, tomato, onions, and lettuce for an additional \$40
An assortment cold sliced roast beef, ham, turkey served with buns and condiments.

## Hot Hors d'oeuvres

## Chicken Tandoori, \$54

Roasted pieces of chicken marinated in yogurt and spices with onion and peppers.

American Meatballs with Smoky Chipotle or BBQ Sauce, \$44
Seared meatballs in a chipotle tomato sauce.

Pork Satay and Pineapple*, \$54
Satays of marinated pork shoulder skewered alternately with chunks of fresh pineapple, grilled, and garnished with toasted white sesame seeds.
*Contains pork

## Creamy Spinach and Artichoke Heart Dip, \$54

Serves 25
The dip is made with spinach, artichoke hearts, garlic, onion, béchamel sauce, Worcestershire, Parmesan cheese. Served with chunks of warm baguette.

Spanakopita, \$67
A mixture of spinach, Feta cheese, scallions, and cream cheese inside a triangle of phyllo dough, baked until crisp.

## Asparagus Straws, \$74

Blanched asparagus stalks are wrapped with thinly sliced Prosciutto de Parma, Parmesan cheese and phyllo dough, then baked until the dough is crispy.

## Beef Tenderloin Teriyaki, \$57

Pieces of beef tenderloin marinated in a mixture of soy sauce, mirin, sugar, garlic, ginger, scallions and sesame oil grilled and garnished with slivers of scallions.

## Hot Crab Dip, \$67

A hot dip made of cream cheese, mayonnaise, onion, lemon juice, Tabasco sauce, Old bay seasoning, and fresh crabmeat. Served with slices of baguette bread for dipping.

## Dessert Hors d'oeuvres

Black and White Chocolate Covered Strawberries, \$48
Fresh strawberries dipped in dark or white chocolate.
Mini-Creampuffs with Two Sauces, \$45
Small cream filled creampuffs, with chocolate and strawberry sauces.

## Gourmet Cookies, \$38

A combination of sugar, oatmeal raisin, chocolate chip, peanut butter, or triple chocolate chip cookies.

## White Chocolate Raspberry Cream Cake, $\$ 45$

Triple layered cake with white chocolate and raspberry cream filling.

## Lemon Supreme Shortcake, \$45

A triple layer shortcake of lemon cream and whipped cream

## Strawberry Cake, \$45

Fresh whipped cream and strawberry preserves layered between shortcake.

## Beverages

Soda (Coke \& Pepsi Products) \$2 each
Bottled Water \$2 each
Infused Water \$15/dispenser (40 glasses) (No charge for plain water dispenser)
Coffee \& Hot Tea $\$ 18 / u r n$ ( 14 cups)
Punch \$35/dispenser (40 glasses)
Lemonade \$35/ dispenser (40 glasses)

Iced Tea \$35/ dispenser (40 glasses)
Sparkling Cider \$9/bottle (8 glasses)

